

The sustainable urban mobility planning training

The SUMP for BSR project, co-funded by the Interreg BSR programme, launches a series of online training sessions for local authorities empowering small and medium-sized cities with the tools and knowledge needed for effective uptake of Sustainable Urban Mobility Plans (SUMP).



Starting from
January 2026!

What we offer

- ✦ **Five online training modules**, each consisting of a webinar, a workshop and independent learning materials
- ✦ **SUMP clinic** offering personalised guidance for 10 selected cities
- ✦ **Easy & open access** to all independent learning materials on the BSR SUMP Competence Centre website

Training modules

- 1 Getting started with the process and its basic principles**
Learn the foundations of Sustainable Urban Mobility Plans.
- 2 Setting up a monitoring and evaluation framework and defining indicators**
Develop a robust system for assessing sustainable urban mobility

- 3 Collection of data for active modes**
Learn the methodologies for collecting and using walking and cycling data.
- 4 Experimenting with potential mobility solutions to promote active modes**
Discover the value of small-scale pilots.
- 5 Engaging stakeholders in planning mobility measures and SUMP**
Build effective collaboration with decisionmakers, residents and other stakeholders.

Why to participate

- **Learn about case studies and best practices** from cities around the Baltic Sea Region and beyond
- **Build long-term capacity** for sustainable urban mobility planning with a special attention to
 - **Harmonising monitoring and evaluation** for SUMP
 - **Recognising active modes of mobility** such as walking and cycling
 - **Promoting small-scale experiments** to foster innovation
- **Align with updated TEN-T regulations** for urban nodes
- **Utilise practical tools and innovative solutions** to achieve mobility goals

Interested in joining?
Read more & register at



www.ubc-sustainable.net/sumptraining